

Everything you need
to know to sign up for the
2016 Parish Retreat

The Church of St. Luke and the Epiphany
Friday, January 22 - Sunday, January 24, 2016

What is a retreat?

A retreat is a time away from your ordinary everyday life. It is a time to slow down and rest. A retreat is a time to remember how to laugh. It is a time to renew and strengthen your relationship with God and your neighbor. Our parish retreat is a blend of quiet, play, prayer, talk, and rest.

Where are we going on retreat?

The A. Felix duPont Memorial House in Rehoboth, Delaware was once a summer home and is located 2 blocks from the beach and the north end of the boardwalk.

How are we going to get there?

Rehoboth is a little more than 2 hours from Philadelphia by car. We usually are able to arrange several car pools. (See note under cost.)

What are the accommodations like?

The accommodations are pleasant and comfortable. The dining area and many of the bedrooms overlook a pond, where ducks, heron and geese frolic. Food is prepared and served by a nearby restaurant. It has been excellent. Rooms are large and shared with one or two others and there is a bathroom in each room. The area is beautiful and there is room to stroll and think and to enjoy being outside.

Dress is casual and comfortable and warm. Slippers and sweats are the norm around the house.

How much does it cost?

The fee is \$240. It includes 2 nights lodging and 5 hearty meals. (\$200 for anyone willing to transport 2 other people)

Some financial assistance is available for those who might need it..

When do I have to decide?

No later than Sunday, January 17th. You need to fill out a registration form and include a check payable to the du Pont Memorial House. There is space for 26 people.

When do I have to get there and how will I get there?

We arrange car pools so everyone can get there. On Friday, we can arrive at the retreat house as early as 3 p.m. Dinner is saved for those who need to work and come later.

What does one do all day on a retreat?

The first thing most folks do is to rest! Here is an approximate idea of a “schedule” for what we do together.

On Friday, we get settled and have dinner together at 7:00 p.m. and then we gather as a group around the fireplace for an hour or two after dinner, then have casual social time.

On Saturday, breakfast is at 8:00 a.m., with coffee earlier for those who need it. We gather together as a group once or twice before lunch. The afternoon is free for whatever you need or want to do (rest, walk, read, shop, etc.) dinner is at 7 p.m. and then we gather again for about an hour after dinner, with plenty of social time afterward.

On Sunday, breakfast is at 8 a.m. We check in with one another, celebrate the Holy Eucharist about 11:00 a.m. and leave to come home.

Questions?

Contact: Mary Campbell (267-671-7804): mtcampbellcpa@gmail.com.

Or Wayne Wagner (267-971-9536); wayne5752@aol.com

Or ask some of the people who have attended past parish retreats.